

# AUGUST

COCONINO COUNTY HEALTH AND HUMAN SERVICES  
 COMMUNITY SERVICES—SENIOR NUTRITION PROGRAM  
 850 GRANT ST. WILLIAMS, AZ 86046

## ACTIVITIES

MON	TUE	WED	THU	FRI
1	2 12:30 Bingo	3 11:00 Blood pressure clinic 12:45 Exercise with Gina Coconino County Case worker on site	4	5
8 9:00 Prescott Shopping –2 or more must be signed up for trip to take place	9	10 12:45 Exercise with Gina	11	12
15	16 12:30 Bingo	17 12:45 Exercise with Gina Coconino County Case worker on site	18 10:00 Art with Bonnie Dent	19
22	23	24 12:45 Exercise with Gina	25 12:30 Crafts with Julie	26 9:00 Field Trip
29	30	31		

