



YAVAPAI & COCONINO
CAREGIVER RESOURCE GUIDE

AARP[®] Real
Possibilities
Arizona

I  Caregivers™

YAVAPAI AND COCONINO COUNTY RESOURCES

Area Agency on Aging/NACOG

Need help finding resources for you, your loved ones or family? Area Agency on Aging NACOG has the answers for you. Certified professionals are waiting for your call at a toll free number 1-877-521-3500. They serve as the central information and resource center for finding services and assistance for older adults, caregivers, and persons with disabilities.

43 S. San Francisco Street
Flagstaff, AZ 86001
1-877-521-3500
www.nacog.org/aging

Adult Center of Prescott

Provides a broad range of recreational, educational, and social activities for Prescott adults. The Adult Center is managed by a volunteer Board of Directors and a professional staff retained by the Board, and we qualify as a charitable organization under Section 501(c)3 of the Internal Revenue Service. The Community Center is merely the name given to the building that was constructed and is owned by the City of Prescott. To enable continued service to needy Prescott residents, Meals on Wheels relies heavily on government grants and donations in addition to a small charge for meals served in its dining room. Funds for activities provided by the Adult Center come from membership dues, activity fees, rental fees, and contributions.

1280 E. Rosser Street
Prescott, AZ 86301 | 928-788-3000
www.adultcenter.org
facebook.com/Adult-Center-Of-Prescott-104390509655706

Adult Community Center of Sedona DBA: Sedona Community Center

Enhances quality of life for people of the greater Sedona community through award winning food programs, outstanding exercise and educational activities, compassionate supportive services, and by providing a venue for meetings, social, and cultural events. Services include Meals on Wheels, Community Lunch, Telecare, Grief Support, and Educational and Fitness Programs.

2615 Melody Lane
Sedona, AZ 86336 | 928-282-2834
www.sccsedona.org
facebook.com/Sedona-Community-Center

Alzheimer's Association Desert Southwest Chapter – Northern Arizona Region

The Alzheimer's Association has resources for all types of dementia, not just Alzheimer's. Call for short-term respite resources, long-term care planning and support. The Alzheimer's Association serves both Yavapai and Coconino Counties.

3111 Clearwater Drive, Suite A
Prescott, AZ 86305 | 928-771-9257
www.alz.org/dsw
[@AlzheimersDSW](https://twitter.com/AlzheimersDSW)
facebook.com/actionalz

Central Arizona Seniors Association (CASA)

Provides opportunities & resources with focus for active seniors in the greater Prescott Valley area through the promotion of skills, continuing growth in education, physical & mental health, and the participation in community services and social activities. The enhancement of independent living with an emphasis on fixed or low income participants is supported through the provision of surplus food distribution and

daily nourishing meals for in-house diners.

9360 Manzanita Circle
Prescott Valley, AZ 86314
928-772-3337 | www.casapv.net

Coconino County Senior Services

Provides assistance to seniors with information, referral, and home care services to enhance their quality of life in Coconino County. There are local, state, and federal programs and benefits that are often under used. There are locations in Flagstaff, Page, and Williams.

2625 N. King Street
Flagstaff, AZ 86004
928-679-7450
www.coconino.az.gov/154/Senior-Services

Lutheran Social Services Luminaria Home Care

Provides quality care that enables seniors and individuals with disabilities to live at home and maintain their highest level of independence.

3115 N. Robert Road
Prescott Valley, AZ 86314
928-772-6011 | www.lss-sw.org
[@lssco](https://facebook.com/lsssw) | facebook.com/lsssw

The Margaret T. Morris Center

We tailor our programs and care to the individual needs of our residents from the very early through late stages of the dementia disease process. Professionally employing a combination of services and assistance, we encourage self-reliance and independence while providing personalized care to support individual abilities. 24 hour certified caregivers and emergency assistance, nutritious meals served



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