

# Face It!

masks save lives 

## How to Wear a Cloth Mask

### ▶ Do

Wash your hands before putting on your mask and after removing it.

Avoid touching your mask while wearing it.

Ensure your mask fits snugly and covers your mouth, nose and chin.

Wash your mask often.

### ▶ Don't

Don't take off your mask to speak to someone.

Don't wear a damaged or soiled mask.

Don't place a mask on children under 2 or on anyone who has trouble breathing.