

Welcome to Covid-19 Testing at Fort Tuthill

SHOULD YOU GET TESTED TODAY FOR COVID-19?

WE CAN HELP YOU DECIDE THE BEST TIME TO GET TESTED FOR THE MOST ACCURATE RESULTS.

- ◆ **I was exposed. Should I get tested today?**
 - ◆ The best time for testing to ensure a valid results is 5 - 8 days after an exposure with a confirmed positive case. If you think you were exposed fewer than 5 days ago, we recommend that you wait to be tested because it will help to ensure that we get a valid test result. If you have been encouraged to test by your employer, please share this information about the ideal testing window with them.
- ◆ **I received a positive test result already. Should I get re-tested?**
 - ◆ It is NOT recommended to be retested after receiving a positive test result. In some cases, re-testing can show a positive result up to six weeks post-positive, which does not necessarily mean the individual is still contagious. Coconino County Health and Human Services follows CDC and ADHS symptom based recommendations for returning to work which state a person can return to work once 10 days have passed since symptoms appeared AND at least 3 days after symptoms disappear without the use of medications. If a person never experienced symptoms, they can return to work once at least 10 days have passed since the specimen collection date of the positive test assuming they have not developed any symptoms.
- ◆ **I was sick a few months ago and want to know if I have antibodies. Should I get tested today?**
 - ◆ The test conducted here is a diagnostic test. It determines whether you have coronavirus in your body today. It does not test for antibodies. Antibody tests are available through healthcare providers and laboratories. For information on antibody testing, contact your healthcare provider or visit Sonora Quest Laboratories at <https://www.sonoraquest.com/sonora-quest-laboratories-now-offers-covid-19-antibody-testing/>.
- ◆ **I am planning a trip within the next 3-5 days. I need a recent test result in order to travel. Should I get tested today?**
 - ◆ Health officials cannot return test results until results are received from the laboratory. We aim to relay results within 5-10 days, but are unable to expedite results. If you need results more urgently, we recommend that you contact your doctor for a test to ensure that you can have your result in time for your trip. You can also visit the ADHS website (<https://www.azdhs.gov/>) to find other testing sites in Arizona.