

If a child or staff member develop symptoms while at a childcare facility:

- Symptoms may include:
 - Fever (greater than or equal to 100.4 F or 38 C)
 - Subjective chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Child or staff should be immediately removed from the group setting and wait in a designated separate room until picked up
 - Staff tending to the sick individual should use PPE including masks, gloves, and eye protection
- If the sick individual is a child, parents and/or emergency contact(s) will be contacted immediately to coordinate pick up
- If the sick individual is a staff member, that staff should be sent home immediately
- If the sick individual is experiencing any of the following symptoms, 911 should be called to the transport the patient immediately:
 - Difficulty getting enough air
 - Chest pain
 - Change in alertness or responsiveness
 - Bluish lips or face
 - Rapid breathing
 - Any other life threatening symptom
- Children and/or staff experiencing symptoms are encouraged to receive COVID-19 testing
- Children and/or staff experiencing symptoms should follow the release from isolation guidance provided by ADHS found here before returning to the facility

If a child is a confirmed or suspected case of COVID-19:

- Child should remain home and follow isolation guidance provided by ADHS found here until release from isolation criteria is met
- Child's parent/guardian will be contacted by CCHHS for initial contact tracing interview and to receive isolation guidance
 - Parent/Guardian will be encouraged to disclose result to the childcare facility
- CCHHS may contact the facility to help in determining close contacts within the childcare program
- Depending on the number of exposures identified, recommendations may include
 - quarantining certain children and/or staff or temporarily closing areas of the facility

- Repeat testing is not recommended or required

If a staff member is a confirmed or suspected case of COVID-19:

- Staff should remain home and follow isolation guidance provided by ADHS found [here](#) until release from isolation criteria is met.
- Staff will be contacted by CCHHS for initial contact tracing interview and to receive isolation guidance
 - Staff will be encouraged to disclose results to employer
- CCHHS may contact the facility to help in determining close contacts within the childcare program
- Repeat testing is not recommended or required

If child or staff are who are fully vaccinated are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with childcare center officials to notify close contacts of possible exposure
- Close contacts who are fully vaccinated do not need to quarantine if they meet the following criteria:
 - Are not inpatients/residents in a healthcare or congregate healthcare setting AND
 - Are fully vaccinated AND
 - Have remained asymptomatic since the most recent COVID-19 exposure
- It is recommended that fully vaccinated individuals seek testing 3-5 days after the exposure and wear a mask while in indoor public settings for 14 days following the exposure or until they test negative.
- If a fully vaccinated close contact experiences COVID-like symptoms, they should isolate and consider getting testing for COVID-19

If child or staff who previously tested positive for COVID-19 are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with childcare center officials to notify close contacts of possible exposure
- Close contacts that previously tested positive for COVID-19 do not need to quarantine if they meet the following criteria:
 - Exposure is **within 3 months of symptom onset of their initial illness**, or (if asymptomatic) since specimen collection of first positive PCR/antigen test AND
 - Have met the criteria to end isolation AND
 - Remain asymptomatic
- If a close contact with a previous positive test experiences COVID-like symptoms, they should isolate and consult with their healthcare provider

If child or staff who are unvaccinated are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with childcare center officials to notify close contacts of possible exposure

- Unvaccinated close contacts who do not have a previous positive COVID-19 test in the last 90 days should quarantine for 14 days from last day of possible exposure and should monitor for symptoms
 - Exposed individual may be eligible to follow acceptable options for a shortened quarantine period
 - Individuals eligible for a shortened quarantine period are those who:
 - Do not live in a congregate setting
 - Show no clinical evidence of COVID-19 during daily symptom monitoring throughout entire quarantine period
 - Will continue to monitor their symptoms daily through Day 14 from last exposure to the suspected or confirmed case
 - Strictly follow all non-pharmaceutical recommendations, including wearing a mask and physical distancing through Day 14 from last exposure to the suspected or confirmed case
 - If an exposed individual meets all the above criteria, they may shorten their quarantine according to the following options:
 - Quarantine can end on Day 11 if no symptoms have been reported during daily symptom monitoring. Testing is not necessary to be released from quarantine for this option.
 - Quarantine can end on Day 8 if no symptoms have been reported during daily symptom monitoring AND the individual tests negative with a diagnostic test. The specimen for the test must be collected no earlier than Day 6 to be eligible for this option.
 - Information on the shortened quarantine period provided by ADHS can be found [here](#), at the top of Page 3.
- If a close contact develops symptoms, they should consider getting tested for COVID-19 and follow isolation guidance provided by ADHS found [here](#). The close contact should remain home until release from isolation criteria is met
- Close contacts may choose to get tested while asymptomatic but should wait 6-8 days following exposure before getting tested.
 - If result is negative, the close contact should still follow the accepted quarantine recommendations
- ADHS quarantine guidance can be found [here](#) under “Recommendations for Community Exposure” and [here](#)

Key Terms

Isolation: separates sick people with a contagious disease from people who are not sick

Quarantine: separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. For COVID-19, this means staying home or in a private room with a private bathroom for 14 days after last contact with a person who has COVID-19

Symptomatic: individual is experiencing one or more symptoms of COVID19

Asymptomatic: individual is currently not experiencing any symptoms of COVID19

Fully Vaccinated: two weeks or more have past after receiving the second dose in a two dose series or one dose in a one dose series

Congregate Setting: Any facility where people living in a group setting share living space (including bathroom or kitchen) AND those living there depend on the facility for:

- Completion of activities of daily living; OR
- Temporary shelter; OR
- Medical services.

Congregate settings include, but are not limited to:

- Shelters with dormitories
- Jails, prisons, and detention centers (ICE and ORR)
- Group homes (Division of Developmental Disabilities - DDD, Department of Child Safety - DCS)
- Temporary shelters for people who are asylum-seeking/unaccompanied children

Congregate healthcare settings include, but are not limited to:

- Inpatient physical rehabilitation facilities
- Inpatient behavioral/addiction rehabilitation
- Long-term care facilities (LTCFs)
- Hospice • Assisted living facilities