

If a student or staff member develop symptoms while at school:

- Symptoms may include:
 - Fever (greater than or equal to 100.4 F or 38 C)
 - Subjective chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Student or staff should be immediately removed from the group setting and wait in a designated separate room until picked up
- Staff tending to the sick individual should use PPE including masks, gloves, and eye protection
- If the sick individual is a student, parents and/or emergency contact(s) should be contacted immediately to coordinate pick up
- If the sick individual is a staff member, that staff should be sent home immediately
- If the sick individual is experiencing any of the following symptoms, 911 should be called to transport the patient immediately:
 - Difficulty getting enough air
 - Chest pain
 - Change in alertness or responsiveness
 - Bluish lips or face
 - Rapid breathing
 - Any other life threatening symptom
- Students and/or staff experiencing symptoms are encouraged to receive COVID19 testing
- Students and/or staff experiencing symptoms should follow the release from isolation guidance provided by ADHS found [here](#) before returning to the facility

If a student is a confirmed or suspected case of COVID19:

- Student should remain home and follow isolation guidance provided by ADHS found [here](#) until release from isolation criteria is met
- Student's parent/guardian will be contacted by CCHHS for initial contact tracing interview and to receive isolation guidance
 - Parent/Guardian will be encouraged to disclose result to school officials
- School officials may also be contacted by CCHHS to help in determining close contacts within the school or classroom
- Depending on the number of exposures identified, recommendations may include quarantining classrooms or closing areas of the school
- Repeat testing is not recommended or required

If a staff member is a confirmed or suspected case of COVID19:

- Staff should remain home and follow isolation guidance provided by ADHS found [here](#) until release from isolation criteria is met
- Staff will be contacted by CCHHS for initial contact tracing interview and to receive isolation guidance
 - Staff will be encouraged to disclose results to employer
- School officials may be contacted by CCHHS to assist in notification of close contacts within the school
 - Repeat testing is not recommended or required

If students or staff are who are fully vaccinated are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with school officials to notify close contacts of possible exposure
- Close contacts who are fully vaccinated do not need to quarantine if they meet the following criteria:
 - Are not inpatients/residents in a healthcare or congregate healthcare setting AND
 - Are fully vaccinated AND
 - Have remained asymptomatic since the most recent COVID-19 exposure
- It is recommended that fully vaccinated individuals seek testing 5-7 days after the exposure and wear a mask while in indoor public settings for two weeks following the exposure or until they test negative.
- If a fully vaccinated close contact experiences COVID-like symptoms, they should isolate and consider getting testing for COVID-19

If students or staff who previously tested positive for COVID-19 are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with school officials to notify close contacts of possible exposure
- Close contacts that previously tested positive for COVID-19 do not need to quarantine if they meet the following criteria:
 - Exposure is **within 3 months of symptom onset of their initial illness**, or (if asymptomatic) since specimen collection of first positive PCR/antigen test AND
 - Have met the criteria to end isolation AND
 - Remain asymptomatic
- If a close contact with a previous positive test experiences COVID-like symptoms, they should isolate and consult with their healthcare provider

If students or staff who are unvaccinated are identified as being a close contact to a COVID19 case:

- Coconino County Health and Human Services will work with school officials to notify close contacts of possible exposure

- Unvaccinated close contacts who do not have a previous positive COVID-19 test in the last 90 days should quarantine for 14 days from last day of possible exposure and should monitor for symptoms
 - Exposed individual may be eligible to follow acceptable options for a shortened quarantine period
 - Individuals eligible for a shortened quarantine period are those who:
 - Do not live in a congregate setting
 - Show no clinical evidence of COVID-19 during daily symptom monitoring throughout entire quarantine period
 - Will continue to monitor their symptoms daily through Day 14 from last exposure to the suspected or confirmed case
 - Strictly follow all non-pharmaceutical recommendations, including wearing a mask and physical distancing through Day 14 from last exposure to the suspected or confirmed case
 - If an exposed individual meets all the above criteria, they may shorten their quarantine according to the following options:
 - Quarantine can end on Day 11 if no symptoms have been reported during daily symptom monitoring. Testing is not necessary to be released from quarantine for this option.
 - Quarantine can end on Day 8 if no symptoms have been reported during daily symptom monitoring AND the individual tests negative with a diagnostic test. The specimen for the test must be collected no earlier than Day 6 to be eligible for this option.
 - Information on the shortened quarantine period provided by ADHS can be found [here](#), at the top of Page 3.
- If a close contact develops symptoms, they should consider getting tested for COVID-19 and follow isolation guidance provided by ADHS found [here](#). The close contact should remain home until release from isolation criteria is met
- Close contacts may choose to get tested while asymptomatic but should wait 6-8 days following exposure before getting tested.
 - If result is negative, the close contact should still follow the accepted quarantine recommendations
- Please note that total time away from school may be longer than 14 days if symptoms develop
- Siblings of a confirmed or suspected case of COVID19 may be at the same or different school. The family of the confirmed or suspected case should notify the school of any household contacts within the school setting(s), including siblings. Any household contacts within a school setting should be removed from the classroom and sent home as soon as possible
- ADHS quarantine guidance can be found [here](#) under “Recommendations for Community Exposure” and [here](#)

Key Terms

Isolation: separates sick people with a contagious disease from people who are not sick

Quarantine: separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. For COVID-19, this means staying home or in a private room with a private bathroom for 14 days after last contact with a person who has COVID-19

Symptomatic: individual is experiencing one or more symptoms of COVID19

Asymptomatic: individual is currently not experiencing any symptoms of COVID19

Fully Vaccinated: two weeks or more have past after receiving the second dose in a two dose series or one dose in a one dose series

Congregate Setting: Any facility where people living in a group setting share living space (including bathroom or kitchen) AND those living there depend on the facility for:

- Completion of activities of daily living; OR
- Temporary shelter; OR
- Medical services.

Congregate settings include, but are not limited to:

- Shelters with dormitories
- Jails, prisons, and detention centers (ICE and ORR)
- Group homes (Division of Developmental Disabilities - DDD, Department of Child Safety - DCS)
- Temporary shelters for people who are asylum-seeking/unaccompanied children

Congregate healthcare settings include, but are not limited to:

- Inpatient physical rehabilitation facilities
- Inpatient behavioral/addiction rehabilitation
- Long-term care facilities (LTCFs)
- Hospice • Assisted living facilities